THE NEW FACE OF HEALTHCARE
A team of expert doctors with experience spanning across several disciplines in medicine, cutting edge technology and warm compassionate approach towards patient care that is at the forefront of healthcare worldwide. These are the qualities that define the new face of healthcare worldwide. These are the qualities that define VPS Rockland.

VPS Rockland Hospitals, a chain of multi-specialty hospitals strategically located at Delhi NCR (National Capital Region). Well known for its excellence in the healthcare services, VPS Rockland integrates the best physicians, state of the art technology, supreme healthcare practices and warm compassionate patient care to provide the ideal healing environment for its patients.
Dear Patron,

The healthcare delivery system in India is growing fast and the gap between the need and availability in healthcare infrastructure is also widening. With the global disease burden and exploding epidemic of non-communicable diseases, healthcare sector is facing major challenges to deliver high quality services. In a short span of less than a decade, VPS emerged as a leading player in the healthcare arena by adopting the integrated model comprising of state of the art infrastructures with right blend of medical talent and technology, sustainable healthcare service delivery and innovative IT framework. Focus on Quality standard and patient safety has enabled us to create the largest internationally accredited private hospital network in the Emirates. Our continuous endeavor is to combat the healthcare challenges by providing comprehensive medical care wrapped with quality excellence and accessibility to serve different strata of the community.

Today, VPS Rockland Hospitals embraces the World class healthcare services with three Multispecialty hospitals strategically located at Delhi NCR (National Capital Region). Over the years, the hospital has nurtured a strong culture of delivering high quality healthcare with compassionate patient care to ensure that everyone receives the best medical care.

We envision VPS Rockland Hospitals to create new face of healthcare in India and extend healthy lives to the community.

Regards,
Dr. Shamsheer Vayalil
Chairman and Managing Director - VPS Rockland Hospitals.
VISION
To be the first, preferred and trusted choice in quality healthcare nationally and internationally.

MISSION
To achieve superior quality integrated healthcare delivery system using state-of-the-art technological advances in medicine and medical expertise for the community.

CORE VALUES
- Teamwork
- Integrity
- Compassion
- Responsibility
VPS Rockland, Manesar is a 505 bedded Multi Super Specialty Hospital, located in Model Township at Manesar which is gateway to Gurgaon-Delhi NCR. The hospital will cater to the growing healthcare need of the population of North India. Due to its strategic location on NH-8, this hospital brings laurels by treating emergency and trauma cases for which the first (Golden) hour is of immense importance for saving the lives.

With over half Million Sq. ft. space, the hospital stands proud in using state of the art technology equipment blended with highly experienced team of doctors for various specialities. We offer wide range of facilities such as intervention Cath Lab, Labour Delivery Suite (LDR), Orthopaedic and Spine care, Endoscopy suite, supported by technologically advanced Laboratory and Diagnostic imaging. Hospital provides wide range of choice of rooms from Economy to standard and Luxury depending upon the affordability of the patients.

Due to its proximity to international airport, VPS Rockland Manesar is considered as preferred Healthcare destination for Medical Tourism.
The hospital has got two towers, great landscape and beautiful façade it has about 200,000 sq. ft. built up area with 200 bed capacity and houses 4 Modular Operation Theatres, Interventional Cath lab, CT, MRI and most advanced technology acquisition for its intensive care services. The hospital stands proud for its Intervention Cardiology, Joint Replacement program, Minimal Invasive Surgery, Onco surgery program, Intensive Care units and high end diagnostic services including 1.5 T MRI and 128 slice CT Scan.

The hospital offers choice of selecting from economy rooms to most luxurious single rooms depending on choice of the customers. It is well recognized and credited for its services and is empanelled with all major TPA, private companies of repute including international TPA dealing with international patients by medical tourism from several countries.

With over 10 years for being in operations this hospital enjoys its location in South Delhi overseeing the huge green belt extending from hospital till the Qutab Minar complex. It offers immense peace and seclusion by being in an institutional area and still being in center of Delhi. It is well connected by road, metro train and has great locational advantage due to its proximity with International Airport.
Well-designed compact 103 bed hospital having 120,000 sq. ft. built up space, ideally located to serve population of south west region of Delhi. It has well equipped modular operation theatres, interventional Cath lab, intensive care unit and in-patient rooms ranging from economy to luxury.

The hospital offers a bouquet of services which includes specialties like Internal Medicine, Surgery, Pediatrics, Obstetrics & Gynaecology for being situated in residential hub. It also stands proud for its capabilities in handling Interventional Cardiology, Joint Replacement and Neuro-spine.

Hospital has empanelment with all leading TPAs, private corporate and PSU for all services.
We have a dedicated team of over 1000 employees including 150 distinguished world class doctors to provide the highest quality in healthcare.

**OUR SPECTRUM OF SERVICES INCLUDES THE FOLLOWING**

**MEDICAL DEPARTMENTS**
- Anaesthesiology
- Cardiology
- Emergency Medicine
- Endocrinology and Diabetes
- Gastroenterology and Hepatology
- Internal Medicine
- Medical Oncology
- Renal Sciences (Nephrology and Dialysis)
- Neurology
- Pain Management Clinic
- Dermatology
- Respiratory Medicine and Critical Care
- Pediatrics
- Clinical Psychology
- Department of Physiotherapy and Rehabilitation
- Preventive Health Check-ups

**SURGICAL DEPARTMENTS**
- General and Bariatric Surgery (Minimal Access)
- Cardio Thoracic Vascular Surgery
- Dental and Maxillofacial Surgery
- Gastro Surgery
- Neuro Surgery
- Orthopedics and Joint Replacement Surgery
- Plastic, Aesthetic and Reconstructive Surgery
- Uro Surgery
- ENT, Head and Neck Surgery
- Surgical Oncology
- Renal Transplant
- Obstetrics and Gynaecology
- Ophthalmology

**SERVICES AVAILABLE 24 x 7**
- Emergency and Trauma Care
- Radiology • Laboratory
- Pharmacy • Blood Bank
EXCELLENCE IN CARDIOLOGY

VPS Rockland Centre of Excellence for Cardiology houses a highly experienced and renowned team of cardiologists and cardiac surgeons who practice with compassion to cater to the needs of a growing population with heart ailments.

THE CENTER IS ALSO EQUIPPED WITH THE LATEST TECHNOLOGY AND PROVIDES THE FOLLOWING SPECIAL SERVICES AND FACILITIES.

- State of the art cardiac Cath-Lab.
- Advanced non-invasive assessment (NIC) with echo and TMT machines.
- Complex coronary and peripheral vascular angiography and angioplasty
- Pacemakers and device implantations like CRT-D
- and complex cases related to radio frequency driven assessment.
- Capability of performing CABG, valve replacement and aneurysm surgeries.
At VPS Rockland Center of Excellence in Orthopedics and Spine, we offer highly specialized orthopedic surgery and care, led by a team of expert doctors with internationally recognised surgeons, who provide treatment for patients suffering from all types of orthopedic and spinal conditions.

The center is renowned for the following unique services and facilities:

- Extreme surgical expertise in Joint replacement including complex primary and revision knee and hip surgery, elbow and shoulder surgery.
- Complex Trauma Surgeries of Bones and Deformity correction.
- Spinal surgeries using minimally Invasive PLIF/TLIF procedures.
- Arthroscopic surgery of various joints including shoulder, knee and ankle.
EXCELLENCE IN NEURO SCIENCES

VPS Rockland’s centre of Excellence for Neuro Sciences provides complete treatment solutions for various types of neurological disorders through a multi-disciplinary team comprised of highly skilled neurosurgeons, neurologists and interventional radiologists.

THE CENTRE IS WELL KNOWN FOR

- A successful track record in performing various surgeries for brain tumor, congenital anomalies of brain and spine, neurovascular problems, movement disorders and also complex degenerative and traumatic spine diseases.
- The team of Neurologists is highly experienced in the medical management of stroke, epilepsy, Parkinson’s disease, dementia, and neuropathies.
- Highly advanced instruments for stereotaxy, deep brain stimulation, micro-neurosurgery, pediatric neurosurgery and neurophysiology.
- A dedicated Neuro-Intensive care unit for neurosciences managed by expert intensivists.

THE BEST BRAINS FOR YOUR BRAIN
The VPS Rockland Center of Excellence in Renal Sciences provides the latest cutting edge technology and houses the best physicians and surgeons in all sub specialties of Urology, Andrology, Nephrology and Renal Transplantation.

The center offers a wide range of special services and facilities.

- Kidney transplant including ABO incompatibility.
- Hemodialysis, Continuous Ambulatory Peritoneal Dialysis (CAPD), Automated Peritoneal Dialysis (APD).
- Most advanced dialysis machines with the latest diagnostic and therapeutic facilities.
- Renal replacement therapy (CRRT) for hemo-dynamically unstable patients.
- Critical care Nephrology.
The VPS Rockland Center for Excellence in Gastroenterology houses specialized and highly skilled Gastroenterologists, who are supported by modern technology, world-class facilities and a dedicated team of professionals to meet the requirements of all patients.

THE CENTER ALSO HAS THE BELOW SPECIAL FACILITIES AND SERVICES.

- Technologically advanced endoscopy suite.
- Fully integrated model of care, aimed at optimizing the patient experience.
- High end procedures including ERCP, Endoscopy and Colonoscopy.
EXPERT CRISIS MANAGEMENT

The center is famous for several traits and facilities:

- An established name in managing critical incidents of Trauma and Emergency within the Golden hour which is of immense importance.
- 24x7 Trauma and Critical care support.
- Immediate medical attention to critical and life threatening emergencies.
- Dedicated ambulance service and a team of experts to handle any emergency.

EXCELLENCE IN EMERGENCY & TRAUMA CARE

The VPS Rockland Center for Excellence in Emergency and Trauma houses well-trained medical specialists and response team, ever-ready to handle emergencies effectively and efficiently. By adopting a team approach towards the management of emergencies and with the support of experienced in-house surgical and medical specialists, we ensure the smooth and expeditious management of all patients who need immediate and prompt medical care.
UNIQUE INTERNATIONAL PATIENT SERVICES

WELCOMING THE WORLD TO QUALITY HEALTHCARE

The VPS Rockland states a new paradigm in Healthcare Excellence offering the best International patient experience through exceptional healthcare services. Our dedicated team not only provides you with top quality medical treatment but also undivided attention and care from the moment you arrive at the airport. We seamlessly combine your medical needs, individual preferences, cultural, linguistic and religious expectations into a tailored experience that makes you feel as close to home as possible. Our expert team of doctors have a proven track record of providing the highest quality healthcare for thousands of patients across the globe, hence we understand your need before arrival and our staff will be there to assist you during all phases of your care.

SPECIAL SERVICES WHILE YOU ARE WITH US

- **STEP BY STEP ASSISTANCE**
  - Facilitation counter at arrival lounge at International airport, New Delhi
  - Dedicated Guest Relation officer
  - Translator of different language
  - 24 Hours Assistance

- **TRAVEL AND LEISURE**
  - Visa Assistance
  - Assistance in Lodging and Boarding and ticketing
  - Cab services—complimentary pickup and drop from airport to the airport.

- **MEDICAL**
  - Wide array of Medical and Surgical Services
  - Experience Doctors and Nursing Staff
  - Single point of care

- **OTHERS**
  - Wi-Fi and Local SIM card
  - Tele-medicine, e-consultation and post discharge follow up
  - Retail Therapy

SPECIAL SERVICES WHILE YOU ARE AWAY FROM US

- Assistance with medical records
- Assistance with prescriptions
- Dedicated International patient desk
- Follow-up with clinical and administrative staff
- Future appointment scheduling

We have successfully treated patients from over 25 Nationalities at our facilities in India.

Our priority is our patients—Patient First!
The department of laboratory medicine at VPS Rockland Hospitals provide comprehensive test menu to meet the requirement of clinicians from all specialties using state of the art technology with impeccable accuracy. Laboratory medicine has been at the forefront in introducing new technology. The portfolio of services include Hematology, Transfusion medicine, Immunology, Serology, Clinical Chemistry, Cytology, Clinical Pathology, Histopathology and Microbiology.

Laboratories at all VPS Rockland Hospitals are accredited with the prestigious National Accreditation Board for Testing and Calibration Laboratories (NABL) in recognition of meeting the highest quality outcomes and safety standards. Successful accomplishment of the NABL Accreditation for the laboratory department reflects our continuous commitment towards quality excellence and overall healthcare delivery.

Our collaborative and multi-disciplinary approach of working closely with all clinical departments ensure outstanding test quality and customer services with the fastest turnaround time. All the equipment is bi-directionally interfaced and fully automated.

At VPS Rockland we offer a wide range of radiological examinations and various types of interventional procedures using state-of-the-art technology combined with a highly qualified team of doctors and support staff. Our radiology team works in coordination with the Clinicians. All Diagnostic imaging modalities are linked by PACS to provide innovative solutions for better patient management.

The spectrum of services offered include:

1. **1.5 T MRI with Latest Generation HD System.**
   High degree of precision with dedicated separate coils for each body part such as breast coil for optimum resolution with an option of multivane technique to manage difficult conditions during MRI scans.

2. **Advanced Ultra Sonography**
   Technologically advanced Ultra Sonography equipment is capable of performing all cases from simple to complex which includes Doppler, Contrast ultrasound studies, Ultrasound MSK, Elastography, USG guided interventions, Fetal heart 3D/4D Navigation, Volume TVS for Gynecological examination and Fibroscan for Liver.

3. **X-Ray / Fluoroscopy**
   A high resolution X-Ray unit with Fluoroscopy offers all types of X-Ray from basic to specialized. Special X-Ray procedures including Sialogram/Sonogram, IVP, T-Tube Cholangiogram and a Nephrostomogram are done under fluoroscopic guidance.

**128 Slice CT Scanner**
The 128 slice CT scanner offers high accuracy and high image resolution to perform various studies such as Coronary Angiograms, Pulmonary and Brain Angiograms along with True-match imaging in the blink of an eye.
SIMPLICITY THROUGH SOPHISTICATION

**THE CENTRES NEW AGE FEATURES INCLUDE**

- Extensive use of EHR (Electronic Health Record) across all group hospitals to help clinicians share patient information with specialists for consultation.
- The latest Unified Communication Systems for seamless flow of information among all stakeholders.
- Diagnostic equipment interfaced with LIMS (Lab Information Management System) effectively reducing human interventions.
- Diagnostic imaging modalities linked by PACS (Picture Archiving & Communication System) to provide innovative solutions for better patient management.
- Secure online access to patient portals from anywhere for appointment booking, laboratory reports, clinical history and payments.
- Advanced Telemedicine facilities to provide affordable access to healthcare in remote areas.

VPS Rockland’s Department of Information Technology is a sophisticated ultra-modern facility with state-of-the-art health information systems enabled by SAP to establish lines of communication at all levels for better treatment outcomes.

**A NEW APPROACH TO QUALITY CARE WITH COMFORT**

At VPS Rockland our focus is on Quality care and comfort, A Healthy Approach to Interior design that will make patient’s stay pleasant and allow patients and their visitors to feel at home.

The exterior landscape with lush greens complements the design and patients can experience a peaceful and relaxing recovery time.

**PEACEFUL AND RELAXING EXPERIENCE**
VPS Rockland Hospital located at Qutab, Dwarka and Manesar has been accredited by prestigious NABH (National Accreditation Board for Hospitals & Healthcare Providers) affirming our commitment to quality healthcare.

Laboratories at all VPS Rockland Hospitals are accredited by National Accreditation Board for Testing and Calibration Laboratories (NABL) in recognition of meeting the highest quality outcomes and safety standards in Laboratories.

Successful accomplishment of NABH and NABL Accreditation for all VPS Rockland facilities reflects our continuous commitment towards the quality excellence and overall healthcare delivery.

Preferred service provider for Public Sector and leading MNCs to address need of around 1 Million employees Referral center trusted by medical fraternity to provide treatment solution for advanced and critical care.

Approved service provider for Para-military forces and Delhi Government Employee Health Scheme (DGEHS).

Key Public Sector Client Includes:

- Ex-Servicemen Contributory Health Scheme
- E.S.I.C.
At VPS Rockland, we strongly believe that by taking control of your health and being aware of any potential risks associated with your current lifestyle or family medical history, you are in a better position to ensure that you stay well, manage and even reverse any previously undiagnosed health issues.

Our health screening programs are suitable for both individuals and employees of corporate organizations and across different strata of the community.
SMALL PACKAGES THAT WILL MAKE YOU SMILE IN THE FUTURE

BASIC HEALTH CHECKUP PACKAGE

In our hectic daily schedule our health is ignored the most. VPS Rockland’s Basic Health Check helps you keep a tab on all vital organ functions. The Basic Health Check package suitable for all age groups ensures functioning of all vital organs by combining analysis of biochemical parameters and image findings with expert consultation.

EXECUTIVE WELLNESS PACKAGE MALE

As you progress in age your organs start losing their vitality, due to the excessive stress you have been taking in your day-to-day job. Thus it is important for you to take measures to protect yourself. Our executive male wellness package provides you with the status of liver, cardiac and pulmonary functions along with consultation by ear, noise and throat (ENT) specialist and Cardiologists.

EXECUTIVE WELLNESS PACKAGE FEMALE

You are the driving force behind the household and everybody depends on you. Hence it is important for you to ensure that you are in good health for the sake of your family. Get screened today with our executive female wellness package which offers screening and early detection of diseases. Our female wellness package offers screening and early detection of cervical and breast cancer with consultation from Physician, Gynecologist, Cardiologist and ENT Specialist.

SUPER WELLNESS PACKAGE MALE

For all men who are not satisfied with basic wellbeing and want to stay super well. VPS Rockland’s super wellness package-male, provides you assessment of endocrinal functions, deficiencies of key vitamins and screening for early detection of prostate cancer. The package also includes stress test for heart and thyroid function test along with consultation by Physician, ENT, Orthopaedician, Urologist and Cardiologist so you always stay one step ahead.

SUPER WELLNESS PACKAGE FEMALE

For women stress on their emotional and physical health can lead to abnormal behavior of the organs and compromised functionality. Therefore, it is very important to keep assessing their endocrinal functions and vitamin deficiencies and undergo regular screening for cervical and breast cancer. Our Super Wellness Package-female also includes heart and thyroid function tests along with consultation by Physician, Gynecologist, ENT, Orthopedician, Urologist and Cardiologist.

HEART-2-HEART WELLNESS PACKAGE

Your heart is the center of cardiovascular system, and it is vitally important for functioning of all organs. Because of an increasingly sedentary and stressful lifestyle, it is important to undergo regular heart health checkups. VPS Rockland’s Heart-2-Heart wellness package apart from providing screening and advice on preventive measures also helps you reduce the risk factors related to heart attack and stroke in the early stages; through screening for high risk evaluation and assessment through consultation by Physician, Ophthalmologist and Cardiologist.

GOLDEN AGE WELLNESS PACKAGE MALE & FEMALE (SENIOR CITIZEN)

For all senior citizen who want to stay super well. VPS Rockland’s super wellness package-male, provides you assessment of endocrinal functions, deficiencies of key vitamins and screening for early detection of prostate cancer for male and cervical cancer for female. The package also includes stress test for heart and thyroid function tests along with consultation by Physician, Gynecologist (for females), Urologist (for male), Cardiologist, Orthopaedician, and Ophthalmologist; so you always stay one step ahead.